



Child Development  
Crucial Knowledge  
Unit R019  
Learning Outcome 1 & 2



**Unit R019: Understand the equipment and nutritional needs of children from birth to five years**

Learning Outcome	Topic
<b>LO1</b>	Understand the key factors when choosing equipment for babies from birth to 12 months
<b>LO2</b>	Understand the key factors when choosing equipment for babies from one to five years
<b>LO3</b>	Know the nutritional guidelines and requirements for children from birth to five years
<b>LO4</b>	Be able to investigate and develop feeding solutions for children from birth to five years

Why am I learning this?	Careers Links
<p>Babies grow and develop quickly between birth and 12 months. As a result the equipment needs of babies changes rapidly. Parents and carers need to ensure that equipment always meets the baby's needs at that current moment in time.</p> <p>Young children continue to develop and grow between one and five years. During this time they become more mobile, independent and also move from a cot to a bed. Equipment selected needs to keep up with their changing needs.</p> <p>In your assessment you will be asked to look at different types of equipment and suggest which is best for a nursery setting, and explain the reasons why.</p>	<ul style="list-style-type: none"><li>• Nursey nurse</li><li>• Nursery manager</li><li>• Early years teacher</li><li>• Childminder.</li></ul>



# Child Development Crucial Knowledge Unit R019 Learning Outcome 1 & 2



## Key equipment to be considered for babies from birth to 12 months





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**Key equipment to be considered for babies from one to five years**





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## Key factors to consider when choosing equipment

- **Age appropriateness** – Always check the **safety mark** and instructions on a piece of equipment to check when an item is unsuitable for the age of the child.
- **Safety** – Check the equipment has a recognised **safety mark**, and carry out **regular safety checks**. **Flammability** risk should be checked by looking for the BSI safety mark/kite mark. **Stability** is also important, so check it is suitable for the child's weight and is carefully used.
- **Design/ergonomics** – Consider this for both the child and adults as this will impact **efficiency, safety** and **comfort** when using equipment.
- **Cost and durability**– Durability means items are **made to last**. They may be expensive but may be a better buy as a cheaper alternative may break or become worn and need to be replaced. Some times spending more money is not a necessity (e.g. designer prams)
- **Hygiene**– Selecting equipment that is **easy to clean** helps to keep it hygienic, and also look for easily **washable** items, as clothing or bedding need washing often

